



1on1 Athletics Presents: 'I CAN' CAMP



'I Can' Camp is a 5 day summer camp experience that provides a variety of beneficial activities to children with both cognitive and physical disabilities between the ages of 3 & 7. Groups are small and limited to 8 children.

This new program will include:

1. Sports and Movement (30-45 min.) This will touch on all team sports and basic skills such as throwing, catching, balance, and coordination. Also included is the use of the wall climb, zip-line, and free-play area! The entire facility is reserved just for our camp!
2. Activities of Daily Living (30-45 min.) Practice skills such as brushing your teeth, washing your hands, color coordinating your clothes and crossing the street.
3. Arts, Crafts and Social Play (30-45 min.) Enjoy coloring, cutting and painting projects to work on fine motor skills and create masterpieces to hang on the refrigerator door. Even make musical instruments to play at home!
4. Snack and Social time (20-30 min.) Pack a light snack and drink to enjoy with the group! Half way through our session we will take a break, sit with our friends and enjoy our social snack time.

WHEN: I CAN CAMP will run Monday through Friday during the Second, Third & Fourth weeks in August, from 3:30 - 6:00. Sign up for 1, 2 or 3 weeks!

WHERE: Kid-Netic, 2 Changebridge Road, Unit E, Montville, NJ 07045 T: 973 331 9001

HOW MUCH: \$325, this includes free gifts, awards and take home crafts each day.

Contact 1ON1 Athletics for
Registration instructions!
info@1on1Athletics.net

Kid-Netic
Big, Little, and in the Middle!
973-331-9001